

# How to Keep Writing During November!

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## ***Noveling Burnout.***

Noveling Burnout usually happens around *Week Two* or *Week Three* but can sometimes come as early as *Day Two* or *Day Three*. After the initial excitement of writing a novel wears off, the sudden realization that writing a novel isn't as easy as expected creeps up like a lion on a sleeping zebra. At one point in November, each and every novelist will show symptoms of Noveling Burnout, but the trick is not to let it overtake you.

Here are some tips to help keep both spirits and word-counts high!

## ***Be Dramatic.***

The more dramatic you are right from the get-go about National Novel Writing Month, the longer that sense of noveling excitement will linger.

- throw a Kick-Off Party to get your spirits going early!
- create a visual chart to keep track of your progress
- buy some inspirational gear and gadgets at [store.nanowrimo.org](http://store.nanowrimo.org)
- sign up for NaNoWriMo online
- if competition motivates you, challenge a friend at [ywp.nanowrimo.org/invite](http://ywp.nanowrimo.org/invite)
- join our virtual classroom at [ywp.nanowrimo.org/node/1631264](http://ywp.nanowrimo.org/node/1631264)**

## ***Take Advantage of NaNoWriMo's Online Resources.***

Regular **pep talks** from well-known YA authors at [ywp.nanowrimo.org/pep-talks](http://ywp.nanowrimo.org/pep-talks) will inspire even the most burned-out novelists.

- Utilize our **Virtual Classroom** at [ywp.nanowrimo.org/node/1631264](http://ywp.nanowrimo.org/node/1631264) which is set up to communicate and easily forge noveling connections.

Start exciting discussions in **our own dedicated online Forum** at [ywp.nanowrimo.org/node/1631264/classroom/forum](http://ywp.nanowrimo.org/node/1631264/classroom/forum)

*Parents can ask to be added to the virtual classroom as an Educator and then use **NaNoMail** to send messages to the whole group.*

Take advantage of the full **Writer Community** at [ywp.nanowrimo.org/writer-community](http://ywp.nanowrimo.org/writer-community) by browsing the site with a parent to discover how big the NaNoWriMo YWP writing world really is, and in turn, how cool it is to be a part of it.

The **Dare Machine** is a block that appears on the homepage of NaNoWriMo YWP website and features different writing prompts called *Dares*. The machine will "dare" you to add new characters, plot twists, and more to their novels. Dares are a super-fun way to get novel out of a rut and back into action. [ywp.nanowrimo.org](http://ywp.nanowrimo.org)

## ***Bring in the Muse.***

When spirits are really low, it's time to treat yourself like the author that you are.

- Reward yourself with small prizes (like pencils or stickers) when you reach a certain word-count goal.
- Trying writing some where else — go to the park, the library, or just a different room in the house.
- Try changing your writing position — sit on the floor, move to the couch, or stand up!
- Take a walk around the block to give your aching eyes and hands and mind a rest.

*Reward yourself* in any way you can to make sure that you know just how proud you should be of your hard work!

## ***Check out the sponsor offer for NaNoWriMo YWP winners***

***[ywp.nanowrimo.org/sponsors](http://ywp.nanowrimo.org/sponsors)***

- FastPencil** is offering Young Writers Program 2015 winners **one free printed copy** of their finished books!