

Setting Aside Your Inner Editor

What is the meaning of creativity?

- *Do you have trouble thinking of the right words?*
- *Do you end up erasing something because it didn't seem good enough?*
- *Do you rewrite the same incident or the same conversation multiple times?*
- *Do you spend more time fretting over correct comma placement than putting more words to paper?*

The culprit of such uncertainty and self-doubt is your **inner editor**, something really need to know how to ignore.

What is an inner editor? What might an inner editor say to you?

An inner editor could help or hinder you. In many cases, you need the inner editor.

- *When do you need to think things through and make sure you are writing the right thing?*
- *When does the inner editor not help?*

NaNoWriMo is special because for the month of November when you are actually writing, you should completely ignore that little voice in you.
- *Why is it important to ignore your inner editor during NaNoWriMo?*

Your inner editor wants you to write fewer and better words, but NaNoWriMo is telling you to go ahead and write more words, and to make them better later.

What behaviors count as editing?

1. thinking for more than 5 minutes about what to write
2. erasing more than three words
3. trying to think of a new word because you didn't know how to spell the first one that came to mind
- 4.
- 5.
- 6.

How can you silence your inner editor?

1. take deep breaths
2. use a counting rhyme to choose between word or plot options
3. picking something from an inspirational grab bag and incorporate it into your story
- 4.
- 5.
- 6.

During NaNoWriMo give yourself permission to go with the first thing you think of, and never think anything is too weird or bad. If it is, **you can fix it later**. How nice is that?!